

A Call for Men to Gather from all Directions

NOMC 2019 FALL RETREAT - October 18-20  
King's Arrow Ranch, Lumberton MS

## RELEASING BONDAGE AND CLAIMING YOUR HEART'S DESIRE

What is your heart's desire?  
What calls to you?

Where lies delusion?

Is there something that you have  
forsaken?



What holds you back?  
Do you feel yourself stuck?

Are you in bondage?  
Or are you free to bond  
as your heart wants?

How can we help each other  
release what needs to be let go?

What does your life look like  
when you are drawn by the pull  
of what you truly love?

We invite you to share your heart  
while exploring the paths of these  
questions at the 2019 Fall Retreat.  
Please feel free to invite another  
man to come with you.



## Earth-Bound Angel

My heart has wings. And my feet are chained.  
Why? Was it something I did? Did I have a choice?  
Do I have a chance, still, to break free and soar?

Tales are told of a secret place, by a dark pool under a mystic mountain,  
Where, when moon and stars allow, a door opens to a world  
In which, magic chants make metals melt and solid stones fly.

Can you take me there? Blessed Beatrice or Elysian Elf?  
Can the words of your song break my chains,  
And give me wings to go somewhere away?

- Dan O'Neill



**THE NOMC 2019 FALL RETREAT WILL BE HELD ON  
OCTOBER 18-20 AT KING'S ARROW RANCH, HILLSDALE, MS**

## WHAT TO EXPECT

We seek to provide a safe place for men to connect with themselves and other men in a secluded wooded setting. Large and small group experiences, as well as some time alone, are planned. In our mythopoetic tradition, poetry, drumming, storytelling, artistic self-expression, and experiential learning can be expected.

## WHEN

Plan to arrive on Friday afternoon, October 18<sup>th</sup>. You may arrive as early as you wish on Friday to check out the grounds, hike, meditate, etc. On-site registration and bunk assignment will begin around 4 or 5 PM. Dinner will be available at 6 PM. Our opening ceremony starts at 7 PM. The retreat will end after lunch on Sunday. At the conclusion of the retreat on Sunday, a planning meeting to discuss the next retreat and future NOMC activities will be held. All attendees are invited.

## WHERE

King's Arrow Ranch, Hillsdale, MS, just east off exit 35 on I-59 North, 75 miles north of New Orleans and 30 miles south of Hattiesburg, MS. In case of emergency, you can be reached thru the KAR phone # 601-796-3423.

## HOW TO REGISTER

We ask that you pre-register by October 11<sup>th</sup> so we can estimate lodging and meals required. To register, just reply to this email ([info@theNOMC.org](mailto:info@theNOMC.org)) and let us know if you plan to be there. If you do not have email, call one of the facilitators to register. A confirmation e-mail will be sent upon registration. Details will follow (weather, what to bring, etc.) before the retreat. For confidentiality and privacy, information provided for registration will only be available to retreat participants.

## COST

The cost of the Retreat is \$130.00, and that fee covers all meals and lodging. You can pay by check or cash upon arrival, Friday October 18<sup>th</sup>. If you need financial assistance ('scholarships'), please contact a facilitator in advance.

## QUESTIONS?

For additional information about the retreat, contact a facilitator.

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Dan O'Neill, 404-725-5611, [dan@oneillmc.com](mailto:dan@oneillmc.com)

To visit the website, type into your browser the url: [www.thenomc.org](http://www.thenomc.org)