

NOMC 2018 FALL RETREAT



RETREAT THEME:

Lasting through it. Carrying the Weight. Letting it Go.

Where are you in lasting through it?

- Just hanging on?
- Enduring?
- Surviving?
- Continuing?
- Evolving? All of them?
- Going forth?
- Moving forward?
- Flourishing?
- Being present at all moments?

Atlas does not carry the world on his shoulders. He carries the *heavens*. It is weight. Is it a burden for him? Is it a joyful carrying? Is it both? What do you carry?

Of all the boys and men inside you who have lasted through it with you,
Of all the boys and men you carry inside you or have carried inside you:

- Which of them is letting go?
- Which of them is being let go?
- Which of them is both?



Are you letting go? Or are you being let go? Or both?



**THE NOMC FALL RETREAT WILL BE HELD ON
OCTOBER 19-21 AT KING'S ARROW RANCH, HILLSDALE, MS**

WHAT TO EXPECT

We seek to provide a safe place for men to connect with themselves, other men and the environment. Large and small group experiences as well as some time alone are planned. In our mythopoetic tradition, storytelling, poetry, drumming and experiential learning can be expected.

PLEASE INVITE ANOTHER MAN TO COME WITH YOU.

WHEN

Arrive Friday, October 19th. On site registration and bunk assignment will begin at 5pm. Please plan to arrive no later than 6 PM. Dinner will be available at 6 PM, and our opening ceremony will begin at 7 PM. You may arrive as early as you wish on Friday to check out the grounds, hike, meditate, etc. The retreat will end after lunch on Sunday.

WHERE

King's Arrow Ranch, Hillsdale, MS, just east off exit 35 on I-59 North, 75 miles north of New Orleans and 30 miles south of Hattiesburg, MS. In case of emergency, you can be reached thru the KAR phone # 601-796-3423

PRE-REGISTER VIA E-MAIL

We ask that you pre-register by October 15th so we can estimate lodging and meals required. To register, just reply to this email and let us know you will be there (info@theNOMC.org). If you do not have email, call one of the facilitators to register. A confirmation e-mail will be sent upon registration. Details will follow (weather, what to bring, etc.). For confidentiality and privacy, information provided for registration will only be available to retreat participants.

COST:

The cost of the Retreat is \$130.00 and that fee covers all meals and lodging. You can pay by check or cash upon arrival, Friday October 19th.

SCHOLARSHIPS

If you need financial assistance, please contact a facilitator.

NOMC PLANNING MEETING

At the conclusion of the retreat on Sunday, a planning meeting to discuss the next retreat, as well as planning for the future of NOMC will be held. All interested are encouraged to stay for the meeting.

QUESTIONS?

For additional information about the retreat, contact a facilitator.
Jerry Nosich at 716-799-4851, gnosich@uno.edu.

VISIT THE NOMC WEBSITE

Type into your browser the url: www.thenomc.org

